

## Experience Summary

550 hours massage training &  
1600 hours massage instruction

Acupressure • Swedish  
Deep Tissue • Craniosacral  
Reflexology • On-site Chair  
Reiki • Anatomy & Physiology

## Certificates|Training

Acupressure Inst., Berkeley, CA  
Acupressure Certificate, Feb 03

McKinnon Institute, Oakland, CA  
Swedish Certificate, Mar 04

## Education

CA College of Arts and Crafts  
Oakland, CA  
BFA Drawing, May 98

## Massage | Bodywork Experience

zendoug, Oakland, CA  
Sole Proprietor, Massage Therapist  
Feb 03 - present

McKinnon Institute, Oakland, CA  
Professional Massage Clinic  
May 05 - present

McKinnon Institute, Oakland, CA  
Instructor-Swedish, Acupressure,  
Reflexology, Anatomy, Deep Tissue  
Feb 06 - present

California Pacific Medical Center  
San Francisco, CA  
Massage Therapist  
Oct 08 - present

Transcendentist, Berkeley, CA  
Massage Therapist  
Oct 04 - Sep 05

Bodywork Central  
Oakland and Berkeley, CA  
Table and Chair Massage  
Aug 04 - Apr 05

swedish  
deep tissue  
on-site chair  
acupressure  
craniosacral  
reflexology  
reiki

**Doug Blanc**

**Massage  
Therapist**

zendoug

acupressure  
massage

510 333-5169

doug@zendoug.com

1428 11th St  
Oakland CA  
94607

“approach  
every body with  
infinite care and  
compassion.”

McKinnon Institute, Oakland, CA  
Office Manager | Teacher Coordinator  
July 03 - July 04

## Publications

*McKinnon Acupressure Manual*  
Wrote, Designed, Illustrated and  
Compiled Basic Textbook  
Jun 08

## Selected On-site Chair Massage Clients

20-Minute Vacation  
Various Health Fairs and Employee  
Appreciation around Bay Area  
Jan 08 - present

Stanford University  
Massage for students  
Dec 07 - present

Touch Wellness  
Various Health Fairs and Employee  
Appreciation around Bay Area  
Oct 07 - present

CA College of Arts and Crafts  
Massage for students  
Dec 06 - present

Touch Health Association  
Demonstrations for young mother  
massage classes (volunteer)  
Oct 05 - present

## Other Experience

AIDS LifeCycle 8  
San Francisco to Los Angeles, CA  
Massage Team  
May - Jun 09

Bawden Dairy Farm,  
Kohukohu, New Zealand  
Farmhand  
Dec 01 - Feb 02

Japan Exchange Teaching Program  
Hakata-cho, Japan  
Assistant Language Teacher  
Jul 99 - Jul 01

Member, Associated Bodywork and Massage Professionals, Nov 03-present, ID# 860636